Porchlight

Shared by _____

“How was your day?” “Fine.”

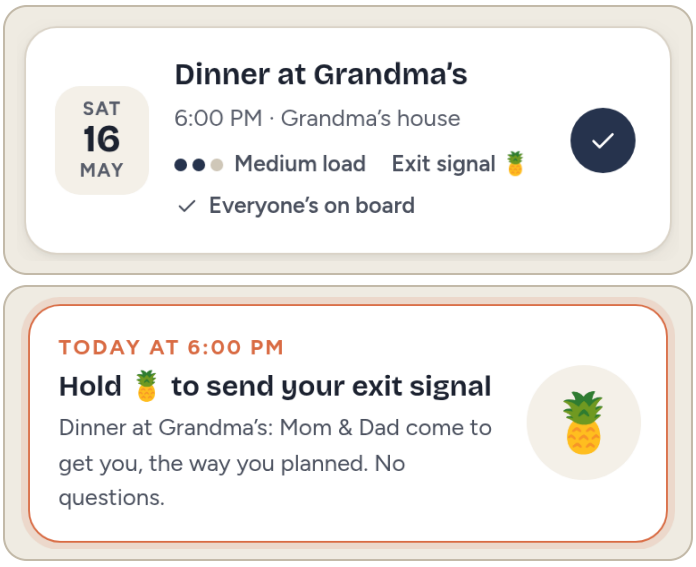
Porchlight gives your teen a low-pressure way to let you in—to share a win, ask for a hug, or say today was hard before they’re ready to talk face-to-face.

Built for teen trust: No location tracking · No reading their texts · No ads or streaks · Private 1-on-1 threads, never a group chat

FREE FOR EVERY FAMILY

Make a plan before the big day

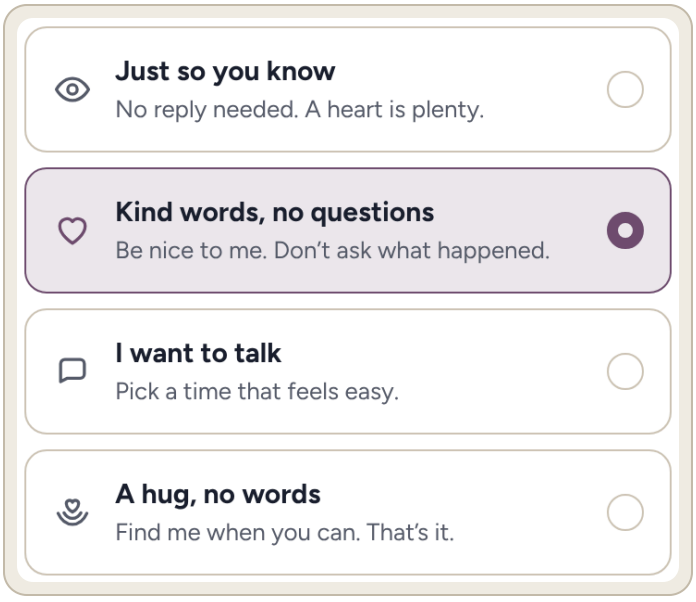
Before dinner at Grandma’s, map out what might feel overwhelming—noise, crowds, or social load—and agree on a quiet exit signal together.



FOUR TAPS

Let your teen choose the reply

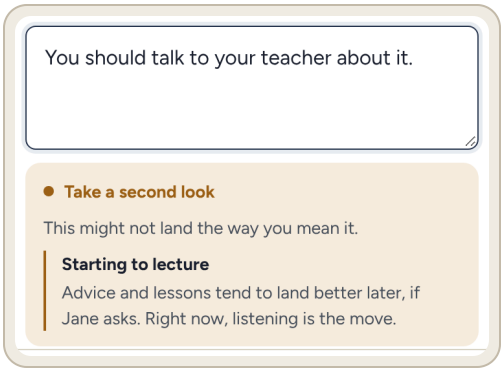
Your teen taps how they feel, what happened, and what they’d like from you. They always choose who sees it—some days, “Kind words, no questions” says enough.



COACH ME & TONE CHECK

Help when you don’t know what to say back

When your teen checks in, Porchlight shows you how to show up—suggesting warm replies in your own voice, gently catching accidental lectures before you hit send, and letting you promise a real time to talk (like after dinner) when you’re busy.



Start together on your phone

Scan the code or visit **pocketporch.app**. Set up on your phone first—when your teen is ready, invite them with a setup code.

Gameplans are always free so any family can plan ahead for tough moments. Explore Check-ins, Coach Me, Tone Check, and The Vault (warm notes for hard days) free for 21 days.

Teens 13 and up can use their own phones. With younger kids, make Gameplans together on a parent’s phone. Porchlight isn’t therapy or an emergency service, and messages can be late. If someone might be in danger, call 911. In the US you can call or text 988 any time. Privacy: pocketporch.app/privacy